



Year Against Pain in the
Most Vulnerable

Date: 3rd - 5th May 2019

Venue: Champagne Sports Resort, Drakensberg
Provisional Programme



FRIDAY 3 MAY 2019

09h30 – 17h00		REGISTRATION & ARRIVAL TEA/COFFEE								
VENUE			VENUE			VENUE			VENUE	
10h30 – 12h30	Ultrasound Workshop	Co-Ordinators	Understanding and Explaining Pain	Co-Ordinators Rowan Duys Tory Madden Michelle Casey Bev Bolton Kerry Louw	Exercise for yellow flags	Co-Ordinators Romy Parker	Assessing Low Back Pain Workshop	Co-Ordinators Murray McDonald Gill Bedwell Katleho Limakatso		
12h30 – 13h30		LUNCH								
VENUE			VENUE			VENUE			VENUE	
13h30 – 15h30	Ultrasound Workshop	Co-Ordinators	HELP THE YOUNG, NUMB AND BROKEN Multidisciplinary approach to chronic pain in adolescents	Co-Ordinators Dr Caridad Velazquez Facilitators: Dave Blackbeard Phindi Cebisa Angela Chetty Louise Walker Ashwin Jagwanth Leona Thomas Carel Cairns	Weaning Opioids workshop	Co-Ordinators Janieke van Nugteren Mike West Kerry Louw	Managing pain in an emergency	Co-Ordinators Ross Hofmeyr		
			Pain during adolescence places a huge burden on patients, families and society, but is often under recognised and neglected. This short interactive workshop will focus on the multidisciplinary approach to chronic pain in adolescents, looking at what doctors, nurses, physiotherapists, psychologists, occupational therapists and social workers can offer to this vulnerable sub population of patients. Case studies will be used in order to assist participants in absorbing the key information. Please join us for a session of dynamic and fun learning.							

15h30 – 16h00 REFRESHMENTS		
VENUE		
16h00 – 17h30	Plenary Session 1	Chair: Romy Parker
16h00 – 16h10	Opening Welcome	Prof Romy Parker
16h10 – 16h55	Paediatric Pain	Kevin McCarthy
16h55 – 17h40	Pain in South Africa – the results of the National Household Survey	Sean Chetty
17h45 – 18h45	Sponsored trade symposium	
19h00	Delegates at leisure – Dinner in main restaurant for resident delegates	
19h00	Speakers Dinner	

SATURDAY 4 MAY 2019

07h00 – 17h00 REGISTRATION & ARRIVAL TEA/COFFEE					
VENUE					
07h30 – 08h20	Sponsored Breakfast Symposium				
VENUE					
	Plenary Session 2				Chair: Murray McDonald
08h30 – 09h15	To be advised				Kevin McCarthy
09h15 – 10h00	Pain in victims of intimate partner violence				Kerry Louw
10h00 – 10h30 REFRESHMENTS					
VENUE			VENUE		
10h30 – 12h30	Parallel Session 1 – Paediatric Pain	Chair: Caridad Velazquez	10h30 – 13h00	Parallel Session 2 – Trauma and acute pain	Chair: Sean Chetty
10h30 – 11h00	Managing pain in the neonate	Anisa Bhattay	10h30 – 10h55	Managing pain in the wilderness	Ross Hofmeyr
11h00 – 11h30	Paediatric palliation	Julia Ambler	10h55 – 11h20	Managing pain in the ICU	Sean Chetty
11h30 – 12h00	Managing pain in the tween	Michelle Casey	11h20 – 11h45	Obstetric pain management	Dave Bishop
12h00 – 12h30	Case Study	All speakers and team from Greys	11h45 – 12h10	Spinal Cord Injury Pain	Janieke van Nugteren
12h30 – 13h45 LUNCH & POSTER VIEWING					

VENUE			VENUE		
	Parallel Session 3 - Free communications	Chairs: Sean Chetty Anisa Bhattay Murray McDonald		Parallel Session 4 – Pain in the Elderly	Chair: To be advised
13h45 – 14h00			13h45 – 14h05	Managing pain in dementia	Sudha Bechan
14h00 – 14h15			14h05 – 14h25	Communicating to manage expectations	Christa du Toit
14h15 – 14h30			14h25 – 14h45	Useful pain interventions in the elderly – Do's and don'ts	Emmanuel Thobejane
14h30 – 14h45			14h45 – 15h30	Case Study	Presenters and the audience
14h45 – 15h00					
15h00 – 15h15					
15h15 – 15h30					
15h30 – 16h00	REFRESHMENTS				
VENUE					
16h00 – 17h00	Plenary Session 3				Chair: To be advised
16h00 – 17h00	Ethics talk – The criminalising of drug use – what effects on us (E)				Mike West
17h00 – 18h00	AGM				
19h00	NETWORKING DINNER				

SUNDAY 5 MAY 2019

06h00	WELLNESS ACTIVITY				
07h30 – 08h00	REGISTRATION & ARRIVAL TEA/COFFEE				
VENUE			VENUE		
08h00 – 10h00	Parallel Session 6 – Mental Health & Pain	Chair: Fanie Meyer	09h00 – 11h00	Parallel Session 7 – Cancer Pain	Chair: To be advised
08h00 – 08h30	Psychoneuroimmunology	Tory Madden	09h00 – 09h30	Interventions for managing cancer pain	To be advised
08h30 – 09h00	Managing pain in people with severe mental health illness	Bonga Chiliza	09h30 – 10h00	Rehabilitation in cancer pain	Richard Feher
09h00 – 09h30	Depression and pain	Alicia Porter	10h00 – 10h30	Psychospiritual management of pain in cancer	To be advised
09h30 – 10h00	Treatment modalities for pain in common mental disorders (CBT and more)	To be advised			

10h00 – 10h30		REFRESHMENTS
VENUE		
10h30 – 12h30	Plenary Session 4	Chair: Sean Chetty
10h30 – 11h15	To be advised	Kevin McCarthy
11h15 – 12h30	Ethics talk – Words that harm and words that help (E)	Bev Bolton
12h30		CLOSING
(E) Ethics		



011 894 1278



painsacongress@velocityvision.co.za



www.velocityvision.co.za

